

**RECORD OF PERFORMANCE QUALIFICATIONS**  
**HS**

**INSTRUCTIONS**

Record of Performance Qualifications shall be completed for enlisted personnel of the Coast Guard and Coast Guard Reserve as outlined in the Enlisted Qualifications Manual (COMDTINST M1414.8, series). As proficiency in each performance qualification is demonstrated, the DATE and INITIALS column shall be completed. Personnel are required to demonstrate proficiency in all new qualifications assigned to their rating. Qualifications previously demonstrated, dated and initialed off will not be recertified.

Each performance qualification will be demonstrated either through on-the-job performance or, in as much as possible, in the same manner as it would be done during actual job performance. References may be consulted during completion of individual qualifications, but should be used in the same manner as would be during actual job performance. For example, during a clinical evaluation of a patient, after collection of the history of present illness, past medical history, review of systems and performance of an appropriate examination, it might be necessary to consult a medical reference. During demonstration of a performance qualification, consultation of an appropriate reference is allowed, but the reference should not be used in other portions of the examination or during presentation of the patient to a medical officer.

Prior to commencement of ADT, the member's Reserve Unit shall indicate, by circling in red, those qualifications which cannot be completed during inactive duty and should be completed on ADT.

<b>RATING</b> HEALTH SERVICES TECHNICIAN (09-00 edition of the HS Performance Qualifications is effective beginning the Nov 2001 SWE cycle.)			<b>ABBREVIATION</b>  HS
<b>DATE COMPLETED ALL PERFORMANCE QUALIFICATIONS FOR RATE LEVEL</b>			
<div style="display: flex; justify-content: space-between;"> <span><b>E-4</b></span> <span><b>E-5</b></span> <span><b>E-6</b></span> </div>			
<div style="display: flex; justify-content: space-between;"> <span><b>E-7</b></span> <span><b>E-8</b></span> <span><b>E-9</b></span> </div>			
<b>NAME</b> <i>(Last, First, Middle Initial)</i>			<b>SOCIAL SECURITY NUMBER</b>

SIGNATURE OF SUPERVISOR				
DATE	NAME/SIGNATURE	INITIALS	RATE	UNIT
REMARKS				

RATING: Health Services Technician	INIT	DATE
<p><b>A. <u>EMERGENCY INTERVENTIONS</u></b></p> <p>4.01 To qualify as a Coast Guard Lifesaver, <b>perform</b> the following EMS procedures in accordance with Brady's Emergency Care</p> <ol style="list-style-type: none"> <li>a. Patient Assessment, including:               <ol style="list-style-type: none"> <li>1. Body substance isolation precautions;</li> <li>2. Scene safety;</li> <li>3. Establishing level of consciousness and summoning assistance;</li> <li>4. Airway assessment and management, including foreign body airway obstruction and consideration for C-Spine precautions, as appropriate to patient's condition;</li> <li>5. Breathing assessment and management, for both breathing, non-breathing or inadequately breathing patient, including use of airway adjuncts and oxygen administration, as appropriate to patient's condition;</li> <li>6. Circulation assessment and management, including CPR-C and hemorrhage control, as appropriate to patient's condition;</li> <li>7. Use of Automatic External Defibrillator/AED;</li> <li>8. Determining Priority of transport;</li> <li>9. Rapid and focused trauma assessment, as appropriate to patient's condition and/or mechanism of injury (compromised airway, breathing, and/or circulation, etc.);</li> <li>10. Rapid and focused medical assessment, as appropriate to patient's condition (responsive versus unresponsive).</li> </ol> </li> <li>b. Shock management;</li> <li>c. Immobilization, to include:               <ol style="list-style-type: none"> <li>1. C-spine considerations while securing patient to spinal immobilization device for suspected spinal injury;</li> <li>2. Joint and long bone splinting.</li> </ol> </li> <li>d. Management of secondary injuries and wounds;</li> <li>e. Continual monitoring of stable and unstable patient;</li> <li>f. Prepare patient for transport to definitive care;</li> <li>g. Management of:               <ol style="list-style-type: none"> <li>1. Bites/stings;</li> <li>2. Burns;</li> <li>3. Eye injuries;</li> <li>4. Anaphylaxis;</li> <li>5. Angina Pectoris and Acute Myocardial Infarction;</li> <li>6. Poisoning/medication overdose;</li> <li>7. Cerebrovascular Accident;</li> <li>8. Acute psycho/emotional episode</li> </ol> </li> </ol> <p>4.02 <b>Initiate, maintain, and discontinue</b> intravenous therapy, under supervision, in accordance with Brady's Paramedic Emergency Care.</p> <p>4.03 <b>Complete</b> a Coast Guard MEDEVAC Report (CG-5214) in accordance with the Coast Guard LifeSaver Text.</p>		
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RATING: Health Services Technician	INIT	DATE
<p>A. <u>EMERGENCY INTERVENTIONS</u></p> <p>5.01 <b>Administer</b> emergency medications via the intravenous bolus method in accordance with Brady's Paramedic Emergency Care.</p> <p>5.02 <b>Provide</b> emergency management of a patient with an acute asthma attack, in accordance with Brady's Paramedic Emergency Care.</p> <p>5.03 <b>Explain</b> the process to obtain critical incident stress debrief services in accordance with appropriate MLC's Directives. Also explain the importance of such psycho-emotional interventions with respect to EMS provider's well being in accordance with Brady's Emergency Care.</p> <p>5.04 <b>Provide</b> written recommendations on your unit's mass casualty bill (also known as Multiple Casualty Incident Plan or Incident Command System), using Brady's Emergency Care and Paramedic Emergency Care as your references.</p> <p>5.05 <b>State</b> the signs and/or symptoms, and describe the treatment for, the following environmental injuries in accordance with Brady's Paramedic Emergency Care and Mosby's Primary Care Consultant.</p> <ul style="list-style-type: none"> <li>a. Frostbite;</li> <li>b. Hypothermia;</li> <li>c. Heat exhaustion;</li> <li>d. Heat stroke;</li> <li>e. Heat cramps.</li> </ul> <p>5.06 <b>State</b> the signs and/or symptoms, and describe the appropriate emergency treatment for, scuba diving and near drowning injuries using Brady's Emergency Care and Paramedic Emergency Care as your primary references.</p> <p>5.07 <b>State</b> the signs and/or symptoms and describe the appropriate emergency treatment for amputated body part injuries using Brady's Emergency Care as your primary reference.</p> <p>5.08 Using Brady's Emergency Care and Paramedic Emergency Care as your primary references, <b>state</b> the signs and symptoms and describe the appropriate emergency treatment, for the following obstetric and gynecological emergencies:</p> <ul style="list-style-type: none"> <li>a. Labor and delivery;</li> <li>b. Emergency childbirth;</li> <li>c. Vaginal bleeding.</li> </ul> <p>Include in your explanation potential complications, such as hypovolemic shock, and the possible need for advanced interventions, such as administration of intravenous volume expanders.</p>		
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<p>A. <b><u>EMERGENCY INTERVENTIONS</u></b></p> <p>5.09 Using Brady's Emergency Care and Paramedic Emergency Care as your primary references, <b>state</b> the signs and symptoms, and describe the appropriate emergency treatment for, the following diabetic emergencies:</p> <ol style="list-style-type: none"> <li>Hyperglycemia, including that caused by patient taking insufficient insulin and/or inappropriate diet (i.e., Diabetic Ketoacidosis);</li> <li>Hypoglycemia, including that caused by patient taking too much insulin and/or "skipping" meals (i.e., Insulin Shock).</li> </ol> <p>5.10 <b>Perform</b> a blood glucose check using any commercially available glucose meter such as Glucometer or Accucheck (Dextrostix or equivalent reagent strip also acceptable), with blood sample obtained via finger-stick. Explain the potential significance of positive ketones or sugar found in a urine reagent test strip test (i.e., findings consistent with diabetic disorders). Use Clinical Procedures for Medical Assistants as your primary reference. Use the manufacturer's instructions for the applicable device or reagent strip.</p> <p>5.11 <b>State</b> the indications and contraindications for, the advantages and disadvantages of, and the correct procedure for applying and using the following advanced airways:</p> <ol style="list-style-type: none"> <li>Esophageal Tracheal CombiTube (ETC) Airway;</li> <li>Endotracheal Tube.</li> </ol> <p>If an airway trainer and CombiTube Airway and/or Endotracheal Tubes are available, demonstrate proper placement, and use, of each. Use Brady's Paramedic Emergency Care as your reference.</p> <p>5.12 <b>State</b> the indications and contraindications for, the advantages and disadvantages of, and the correct procedure for performing a needle cricothyrotomy, in accordance with Brady's Paramedic Emergency Care. Also state the main disadvantage of the Transtracheal Jet Ventilation (Percutaneous transtracheal catheter ventilation) method.</p> <p>5.13 <b>State</b> the indications and contraindications for, and apply, under supervision, in a clinical setting, the Pneumatic Anti-Shock Garment/PSAG (formerly known as Military Anti-shock Trousers, or MAST pants) using Brady's Emergency Care as your primary reference. <b>CRITICAL SAFETY NOTE:</b> For the purpose of demonstrating this skill to satisfy this HS Performance Qualification, <u>use ONLY 3 pumps per bladder, when inflating PSAG</u> (versus the "pump each compartment/bladder until velcro crackles" method used on an actual patient suffering from shock).</p>		
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<p>A. <b><u>EMERGENCY INTERVENTIONS</u></b></p> <p>5.14 <b>Determine</b> heart rate and <b>describe</b> the anatomical features of a normal ECG “pattern” (i.e., p-wave, QRS complex, t-wave, etc.). Also state the signs and symptoms, including ECG characteristics, for the following cardiac emergencies, using Brady’s Paramedic Emergency Care as your primary reference:</p> <ol style="list-style-type: none"> <li>Acute Myocardial Infarction (AMI), including its potential for resultant cardiogenic shock and/or sudden death;</li> <li>Right and Left-sided Congestive Heart Failure, including priority of transport for each;</li> <li>First, Second, and Third-degree Atrioventricular (AV) Block;</li> <li>Cardiac arrest due to: <ol style="list-style-type: none"> <li>Ventricular Fibrillation;</li> <li>Ventricular Tachycardia, non-perfusing (without palpable pulse);</li> <li>Asystole;</li> <li>Pulseless Electrical Activity (PEA). NOTE: Sometimes referred to as “electromechanical dissociation (EMD).”</li> </ol> </li> <li>Conditions for which use of emergency synchronized cardioversion might be appropriate: <ol style="list-style-type: none"> <li>Perfusing ventricular tachycardia;</li> <li>Paroxysmal supraventricular tachycardia (include in explanation the procedure for carotid massage);</li> <li>Rapid atrial fibrillation;</li> <li>2:1 atrial flutter.</li> </ol> </li> </ol> <p>5.15 <b>State</b> the indications, and the correct procedure for performing, a needle decompression of a tension pneumothorax, using the midclavicular approach (versus midaxillary). Use Brady’s Paramedic Emergency Care as your primary reference.</p> <p>5.16 <b>Explain</b> the advantages and disadvantages of, and the correct procedure for, administering a digital block (regional anesthesia), and point out key anatomical landmarks, using Lange’s Current Emergency Diagnosis &amp; Treatment as your primary reference.</p> <p>5.17 <b>State</b> the signs and or symptoms, and describe the appropriate advanced emergency treatment for a patient suffering from seizures, including status epilepticus, using Brady’s Paramedic Emergency Care as your primary reference.</p>		
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<p>A. <u>EMERGENCY INTERVENTIONS</u></p> <p>5.18 <b>State</b> the signs and or symptoms, and describe the appropriate management for, a patient suffering from the following behavioral emergencies or psychiatric disorders using Brady's Paramedic Emergency Care as your primary reference:</p> <ul style="list-style-type: none"> <li>a. Depression;</li> <li>b. Suicidal ideation and/or suicide attempt;</li> <li>c. Anxiety disorders;</li> <li>d. Manic disorders (i.e., also known as bipolar or manic-depressive disorder);</li> <li>e. Schizophrenia;</li> <li>f. Aged or Pediatric behavioral crisis;</li> <li>g. Approach to violent patient (non-specific etiology), including restraint procedures, with emphasis on EMS provider safety;</li> <li>h. Domestic violence.</li> </ul>		
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<p><b>B. <u>CLINICAL SICKCALL</u></b></p> <p><b>4.01 Obtain</b> a history of present illness (hpi), past medical history (pmh), and review of systems (ros), for a patient presenting with the below listed complaints. Use Mosby's Health and Physical Assessment, Mosby's Primary Care Consultant, Lange's Current Emergency Diagnosis &amp; Treatment and Lange's Current Diagnosis &amp; Treatment in Orthopedics as your primary references.</p> <ul style="list-style-type: none"> <li>a. Red eye, acute visual loss, foreign body or painful eye;</li> <li>b. Bloody nose (Epistaxis);</li> <li>c. Ear pain;</li> <li>d. Sore throat;</li> <li>e. Neck pain;</li> <li>f. Shoulder pain;</li> <li>g. Chest pain;</li> <li>h. Cold (upper respiratory infection);</li> <li>i. Cough or difficulty breathing;</li> <li>j. Abdominal or pelvic pain (female);</li> <li>k. Abdominal pain (male);</li> <li>l. Low back pain;</li> <li>m. Blood in urine;</li> <li>n. Painful urination;</li> <li>o. Testicular pain;</li> <li>p. Knee pain;</li> <li>q. Ankle pain;</li> <li>r. Altered mental status;</li> <li>s. Anaphylaxis (in clinical setting, versus MEDEVAC/SAR setting);</li> <li>t. Wound (incision, laceration, puncture, burn, or abrasion);</li> <li>u. Loss of consciousness;</li> <li>v. Skin abscess;</li> <li>w. Papular, macular, vesicular, or erythemic rash.</li> </ul> <p><b>4.02 Perform</b> an examination on a patient presenting with the chief complaints listed in performance qualification B 4.01. Use Mosby's Health &amp; Physical Assessment, Mosby's Primary Care Consultant, Lange's Current Diagnosis &amp; Treatment in Orthopedics, and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references, and while supervised.</p> <p><b>4.03</b> Utilizing the pertinent data from a SOAP write-up, <b>perform</b> a verbal case presentation for a patient with the chief complaints listed in performance qualification B 4.01. Use the "SOAP Method of Sick Call Write Ups" section contained in Chapter 4 of COMDTINST M6000.1B, Medical Manual, as your primary reference (pertinent data contained in SOAP entry of SF-600 serves as an excellent model for verbally presenting case). Focus on information that enables medical officer, or other "higher level" provider, to quickly familiarize themselves with patient's status and provide appropriate follow-on evaluation/treatment (or better enable "higher level" provider to advise HS on what steps to take next in further managing/evaluating patient's condition).</p>		
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<p><b>B. <u>CLINICAL SICKCALL</u></b></p> <p>4.04 <b>Develop</b> a treatment plan for a patient with the chief complaints listed in performance qualification B 4.01. Use Mosby's Primary Care Consultant, Lange's Current Diagnosis &amp; Treatment in Orthopedics, and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references.</p> <p>4.05 <b>Establish</b> a differential diagnosis for a patient presenting with a papular, macular, vesicular and/or erythemic skin rash. Use Mosby's Health &amp; Physical Assessment and Mosby's Primary Care Consultant as your primary references. Use the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Urticaria;</li> <li>b. Tinea (t. corporis, t. cruris, t. pedis, t. versicolor);</li> <li>c. Contact allergic dermatitis;</li> <li>d. Contact irritant dermatitis;</li> <li>e. Atopic dermatitis/Eczema</li> <li>f. Chickenpox (Varicella);</li> <li>g. Acne;</li> <li>h. Wart (verruca vulgaris or plantaris);</li> <li>i. Measles (Rubeola);</li> <li>j. Shingles (Herpes Zoster);</li> <li>k. Drug eruption (medicamentosa).</li> </ul> <p>4.06 <b>Establish</b> a differential diagnosis for a patient presenting with a sore throat, using Mosby's Health &amp; Physical Assessment and Mosby's Primary Care Consultant as your primary references. Use the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Viral pharyngitis;</li> <li>b. Streptococcal pharyngitis;</li> <li>c. Tonsillitis;</li> <li>d. Infectious Mononucleosis.</li> </ul> <p>4.07 <b>Establish</b> a differential diagnosis for a patient presenting with neck pain, using Mosby's Health &amp; Physical Assessment, Lange's Current Diagnosis &amp; Treatment in Orthopedics, Lange's Current Emergency Diagnosis &amp; Treatment, and Mosby's Primary Care Consultant as your primary references. Use the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Meningitis;</li> <li>b. Trapezius strain;</li> <li>c. Cervical fracture.</li> </ul>		
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<p><b>B. <u>CLINICAL SICKCALL</u></b></p> <p><b>4.08 Establish</b> a differential diagnosis for a patient presenting with cough, shortness of breath, and/or difficulty breathing, using Mosby's Health &amp; Physical Assessment, Mosby's Primary Care Consultant, and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Asthma;</li> <li>b. Acute bronchitis;</li> <li>c. Upper Respiratory Infection;</li> <li>d. Pneumonia, viral etiology;</li> <li>e. Pneumonia, bacterial etiology;</li> <li>f. Anaphylaxis;</li> <li>g. Pulmonary Embolism;</li> <li>h. Upper airway obstruction.</li> </ul> <p><b>4.09 Establish</b> a differential diagnosis for a patient presenting with eye pain, red eye, foreign body or acute altered vision, using Mosby's Health &amp; Physical Assessment and Mosby's Primary Care Consultant as your primary references. Use the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Infectious conjunctivitis;</li> <li>b. Allergic conjunctivitis;</li> <li>c. Hordeolum;</li> <li>d. Blepharitis;</li> <li>e. Corneal abrasion;</li> <li>f. Subconjunctival hemorrhage.</li> </ul> <p><b>4.10 Establish</b> a differential diagnosis for a patient presenting with a bloody nose (epistaxis), using Mosby's Health &amp; Physical Assessment, Lange's Current Emergency Diagnosis &amp; Treatment, and Mosby's Primary Care Consultant as your primary references. Use the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Hypertension;</li> <li>b. Digital manipulation;</li> <li>c. Foreign object;</li> <li>d. Medicamentosa;</li> <li>e. Nasal fracture;</li> <li>f. Contusion;</li> <li>g. Sinus infection;</li> <li>h. Nasal mucosa infection;</li> <li>i. Nasal mucosa desiccation.</li> </ul> <p><b>4.11 Establish</b> a differential diagnosis for a patient presenting with "cold-like" symptoms (symptoms consistent with possible upper respiratory infection/URI), using Mosby's Health &amp; Physical Assessment and Mosby's Primary Care Consultant as your primary references. Use the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Sinus congestion;</li> <li>b. Sinusitis;</li> <li>c. Influenza;</li> <li>d. Allergic rhinitis.</li> </ul>		
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<p><b>B. <u>CLINICAL SICKCALL</u></b></p> <p><b>4.12 Establish</b> a differential diagnosis for a patient presenting with ear pain, using Mosby's Health &amp; Physical Assessment and Mosby's Primary Care Consultant as your primary references. Use the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Otitis Media with Effusion (Serous Otitis Media);</li> <li>b. Otitis Media, Acute;</li> <li>c. Otitis Externa;</li> <li>d. Cerumen impaction.</li> </ul> <p><b>4.13 Establish</b> a differential diagnosis for a patient presenting with shoulder pain, using Mosby's Health &amp; Physical Assessment, Lange's Current Emergency Diagnosis &amp; Treatment and Lange's Current Diagnosis &amp; Treatment in Orthopedics as your primary references. Use the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Bursitis, including Subacromial bursitis;</li> <li>b. Tendinitis, including Bicipital tendinitis.</li> </ul> <p><b>4.14 Establish</b> a differential diagnosis for a patient presenting with chest pain, using Brady's Paramedic Medical Care, Mosby's Health &amp; Physical Assessment and Mosby's Primary Care Consultant as your primary references. Use the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Gastroesophageal reflux disease (GERD);</li> <li>b. Angina pectoris;</li> <li>c. Acute Myocardial Infarction;</li> <li>d. Costochondritis;</li> <li>e. Pulmonary Embolism;</li> <li>f. Respiratory infection.</li> </ul> <p><b>4.15 Establish</b> a differential diagnosis for a female patient presenting with abdominal or pelvic pain, using Mosby's Health &amp; Physical Assessment, Lange's Current Emergency Diagnosis &amp; Treatment, and Mosby's Primary Care Consultant as your primary references. Use the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Food poisoning, bacterial (infectious gastroenteritis);</li> <li>b. Appendicitis;</li> <li>c. Normal pregnancy;</li> <li>d. Ectopic pregnancy;</li> <li>e. Peptic Ulcer disease;</li> <li>f. Gastroesophageal reflux disease (GERD);</li> <li>g. Urinary tract infection;</li> <li>h. Dysmenorrhea;</li> <li>i. Sexually transmitted disease (STD).</li> </ul>		
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<p><b>B. <u>CLINICAL SICKCALL</u></b></p> <p>4.16 <b>Establish</b> a differential diagnosis for a male patient presenting with abdominal pain, using Mosby's Health &amp; Physical Assessment, Lange's Current Emergency Diagnosis &amp; Treatment, and Mosby's Primary Care Consultant as your primary references. Use the following list as possible diagnoses.</p> <ul style="list-style-type: none"> <li>a. Food poisoning, bacterial (infectious gastroenteritis);</li> <li>b. Appendicitis;</li> <li>c. Peptic ulcer disease;</li> <li>d. Gastroesophageal reflux disease (GERD).</li> </ul> <p>4.17 <b>Establish</b> a differential diagnosis for a patient presenting with low back pain, using Mosby's Health &amp; Physical Assessment, Mosby's Primary Care Consultant, Lange's Current Emergency Diagnosis &amp; Treatment and Lange's Current Diagnosis &amp; Treatment in Orthopedics as your primary references. Use the following list as possible diagnosis:</p> <ul style="list-style-type: none"> <li>a. Low back pain (not caused by herniated disk);</li> <li>b. Herniated nucleus pulposus (herniated lumbar disk);</li> <li>c. Renal calculus/colic (a.k.a. passing kidney stone, urolithiasis).</li> </ul> <p>4.18 <b>Establish</b> a differential diagnosis for a patient presenting with testicular pain, using Mosby's Health &amp; Physical Assessment and Mosby's Primary Care Consultant as your primary references. Use the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Epididymitis;</li> <li>b. Renal calculus/colic (a.k.a. passing kidney stone, urolithiasis);</li> <li>c. Hydrocele.</li> </ul> <p>4.19 <b>Establish</b> a differential diagnosis for a female patient presenting with painful or bloody urination, using Mosby's Health &amp; Physical Assessment, Lange's Current Emergency Diagnosis &amp; Treatment, and Mosby's Primary Care Consultant as your primary references. Use the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Cystitis;</li> <li>b. Uncomplicated Urinary Tract Infection (UTI);</li> <li>c. Pyelonephritis;</li> <li>d. Renal calculus/colic (a.k.a. passing kidney stone, urolithiasis);</li> <li>e. Vaginitis;</li> <li>f. Sexually transmitted disease (STD).</li> </ul> <p>4.20 <b>Establish</b> a differential diagnosis for a male patient presenting with painful or bloody urination, using Mosby's Health &amp; Physical Assessment, Lange's Current Emergency Diagnosis &amp; Treatment and Mosby's Primary Care Consultant as your primary references. Use the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Uncomplicated Urinary Tract Infection (UTI);</li> <li>b. Pyelonephritis;</li> <li>c. Renal Calculus/colic (a.k.a. passing kidney stone or urolithiasis);</li> <li>d. Prostatitis;</li> <li>e. Sexually transmitted disease (STD).</li> </ul>		
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<p><b>B. <u>CLINICAL SICKCALL</u></b></p> <p>4.21 <b>Establish</b> a differential diagnosis for a patient presenting with knee pain, using Mosby's Health &amp; Physical Assessment, Mosby's Primary Care Consultant, and Lange's Current Diagnosis &amp; Treatment in Orthopedics as your primary references. Use the following list as possible diagnoses:</p> <ol style="list-style-type: none"> <li>Bursitis (i.e., Iliotibial band friction syndrome, Infrapatellar, Prepatellar, Retropatellar);</li> <li>Tendinitis (i.e., Patella, Popliteal).</li> </ol> <p>4.22 <b>Establish</b> a differential diagnosis for a patient presenting with ankle or foot pain, using Mosby's Health &amp; Physical Assessment, Mosby's Primary Care Consultant, and Lange's Current Diagnosis &amp; Treatment in Orthopedics as your primary references. Use the following list as possible diagnoses:</p> <ol style="list-style-type: none"> <li>Lateral ankle sprain (1st degree);</li> <li>Lateral ankle sprain (2nd degree);</li> <li>Lateral ankle sprain (3rd degree);</li> <li>Fractures that might accompany ankle sprain (i.e., distal fibular head, medial malleolus/tibial, avulsion type, etc).</li> </ol> <p>4.23 <b>Establish</b> a differential diagnosis for a patient presenting with an altered mental status, using Mosby's Health &amp; Physical Assessment, Mosby's Primary Care Consultant, and Lange's Emergency Diagnosis &amp; Treatment as your primary references. Use the following list as possible diagnoses:</p> <ol style="list-style-type: none"> <li>Intoxication (alcohol, drugs);</li> <li>Increased Intracranial pressure/intracranial hypertension;</li> <li>Concussion;</li> <li>Central Nervous System (CNS) infection (i.e., meningitis, encephalitis).</li> </ol> <p>4.24 <b>Establish</b> a differential diagnosis for a patient presenting with dental conditions and emergencies. Use Delmar's Dental Assisting – A Comprehensive Approach, Lange's Current Emergency Diagnosis &amp; Treatment, and Mosby's Primary Care Consultant as your primary references, and the following list as possible diagnoses:</p> <ol style="list-style-type: none"> <li>Fractured tooth;</li> <li>Lost restoration;</li> <li>Traumatically avulsed tooth;</li> <li>Dry socket (alveolitis);</li> <li>Abscess;</li> <li>Intra-oral cancer/neoplasm (know intra-oral cancer warning signs);</li> <li>Aphthous ulcer (a.k.a. canker sore or aphthous stomatitis);</li> <li>Temporomandibular Joint (TMJ) Pain/syndrome.</li> </ol> <p>4.25 Properly <b>document</b> a patient encounter using the "Subjective; Objective; Assessment; Plan (SOAP)" format. Use the Medical Manual (COMDTINST M6000.1B, Chapter 4, "SOAP Method of Sickcall Write ups," located in SF-600 section) as your reference for correct format.</p>		
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<p><b>B. <u>CLINICAL SICKCALL</u></b></p> <p>4.26 <b>Use</b> appropriate medical terminology and correct spelling in SOAP notes. Performance qualification standard is no more than one error in notes of five consecutive patient encounters. Use Dorland's Pocket Medical Dictionary as your reference.</p> <p>4.27 <b>Demonstrate</b> knowledge of basic Anatomy and Physiology during examination of a patient. Use appropriate anatomical terminology for areas and processes examined and explain the anatomical function of the area or process. Use Mosby's Health &amp; Physical Assessment as your primary reference.</p> <p>4.28 <b>Demonstrate</b> appropriate interpersonal skills toward customers and co-workers in accordance with the Coast Guard's Core Values of Honor, Respect and Devotion to Duty.</p> <p>4.29 <b>Measure</b> and <b>record</b> vital signs (temperature, pulse, respiration, blood pressure and weight) for a patient. Use Clinical Procedures for Medical Assistants as your primary reference.</p> <p>4.30 Under supervision, using Clinical Procedures for Medical Assistants as your primary reference, <b>administer</b> the following parenteral injections:</p> <ol style="list-style-type: none"> <li>Intramuscular;</li> <li>Intradermal;</li> <li>Subcutaneous.</li> </ol> <p>4.31 Using the Medical Manual (COMDTINST M6000.1 series) and the equipment manufacturer's instruction manual for the ECG machine being used as your references, <b>perform</b> the following procedures:</p> <ol style="list-style-type: none"> <li>Electrocardiogram (ECG);</li> <li>Tonometer, non-contact;</li> <li>Audiogram with microprocessor;</li> <li>Pulmonary function test (PFT);</li> <li>Distant Visual Acuity and Near Visual Acuity determination using the AFVT;</li> <li>FALANT and PIP color vision tests.</li> </ol> <p>4.32 <b>Identify</b> drugs for HS use using the Standardized Health Services Technician Drug Formulary (COMDTINST 6570.1 (series)).</p> <p>4.33 <b>Prescribe</b> appropriate pharmaceuticals from the therapeutic categories of the Standardized Health Services Technician Drug Formulary (COMDTINST 6570.1 (series)). In addition to the HS Formulary, use Mosby's Nursing Drug Reference and Mosby's Primary Care Consultant as your primary references.</p> <p>4.34 <b>Perform</b> proper aseptic procedures using Clinical Procedures for Medical Assistants as your primary reference.</p> <p>4.35 Given a wound in a pig's foot, or simulated tissue, <b>demonstrate</b> the correct procedure for wound debridement, administration of local anesthetic via local infiltration, and placement of interrupted sutures (nonabsorbable) using Lange's Current Emergency Diagnosis &amp; Treatment as your primary reference.</p>		
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<p><b>B. <u>CLINICAL SICKCALL</u></b></p> <p>4.36 <b>Perform</b> disinfection, instrument packing and sterilization of surgical instruments using the Medical Manual (COMDTINST M6000.1 (series)) and Clinical Procedures for Medical Assistants as your primary references.</p> <p>4.37 Using Clinical Procedures for Medical Assistants as your primary reference, <b>apply</b> cold packs/compresses and properly record the treatment incident using the SOAP format.</p> <p>4.38 <b>Measure</b> an individual for axillary crutches using Clinical Procedures for Medical Assistants as your primary reference.</p> <p>4.39 Using Clinical Procedures for Medical Assistants as your primary reference, <b>instruct</b> an individual to properly use crutches. Include the following gaits in your instructions and demonstrations:</p> <ul style="list-style-type: none"> <li>a. Four-point;</li> <li>b. Three-point;</li> <li>c. Two-point;</li> <li>d. Swing.</li> </ul> <p>4.40 Using Clinical Procedures for Medical Assistants as your primary reference, <b>instruct</b> an individual to properly use a cane.</p> <p>4.41 <b>Describe</b> the “universal precautions” (with respect to infection control and personal safety) to be followed in a medical laboratory setting. Use the Medical Manual COMDTINST M6000.1 (series) and Clinical Procedures for Medical Assistants as your primary reference.</p> <p>4.42 Using Clinical Procedures for Medical Assistants as your primary reference, properly <b>collect</b> the following laboratory specimens:</p> <ul style="list-style-type: none"> <li>a. Blood by venipuncture;</li> <li>b. Blood by finger stick;</li> <li>c. Throat Exudate for culturing.</li> </ul> <p>4.43 Using Clinical Procedures for Medical Assistants as your primary reference, <b>instruct</b> a patient on the proper collection procedures to obtain the following laboratory specimens</p> <ul style="list-style-type: none"> <li>a. Urine;</li> <li>b. Stool.</li> </ul> <p>4.44 Using Clinical Procedures for Medical Assistants as your primary reference, <b>perform</b> the following tests:</p> <ul style="list-style-type: none"> <li>a. Rapid Mononucleosis Test (Mono-Test);</li> <li>b. Chemical Urinalysis using “Multistix 10 SG Reagent Strip;”</li> <li>c. Guaiac Slide Test (test for fecal occult blood) using “Hemoccult Slide;”</li> <li>d. Rapid Streptococcus Test (Group A) using “QTest Strep;”</li> <li>e. Urine Pregnancy Test - Slide Agglutination Method or rapid HCG/Pregnancy test per manufacturer’s instructions;</li> <li>f. Hematocrit using Microhematocrit Centrifuge and Capillary Tube.</li> </ul>		
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<p><b>B. <u>CLINICAL SICKCALL</u></b></p> <p>4.45 As prompted by your instructor, <b>find</b> the normal values for various clinical laboratory tests listed in Chapter 3.C. of the Medical Manual (COMDTINST M6000.1 (series)) and <b>explain</b> the potential significance of values that are outside normal range. Use Mosby's Health &amp; Physical Assessment and the Medical Manual (COMDTINST M6000.1 (series)) as your primary reference for addressing "potential significance" of values outside normal range.</p> <p>4.46 Using Mosby's Nursing Drug Reference as your reference, <b>obtain</b> the following information for five medications chosen by your supervisor:</p> <ol style="list-style-type: none"> <li>Drug indications/uses;</li> <li>Contraindications;</li> <li>Precautions;</li> <li>Side Effects/Adverse reactions;</li> <li>Interactions/incompatibilities;</li> <li>Dosage and routes;</li> <li>Patient information (what patient or family should be told by HS).</li> </ol> <p>4.47 Using the Medical Manual (COMDTINST M6000.1 (series)) as your primary reference, <b>prepare</b> and <b>dispense</b>, under supervision, prescriptions for the following types of medications:</p> <ol style="list-style-type: none"> <li>Controlled;</li> <li>Non-controlled;</li> <li>Refills.</li> </ol> <p>4.48 Using Clinical Procedures for Medical Assistants as your reference, <b>perform</b> five simple weight and measure conversions chosen by your supervisor. Conversions will use the metric and household systems.</p>		
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<p><b>B. <u>CLINICAL SICKCALL</u></b></p> <p>5.01 Using Mosby's Primary Care Consultant, Mosby's Health &amp; Physical Assessment, Brady's Paramedic Emergency Care, Lange's Current Emergency Diagnosis &amp; Treatment, and Lange's Current Diagnosis &amp; Treatment in Orthopedics as your primary references, <b>obtain</b> a history of present illness (hpi), past medical history (pmh), and <b>review</b> of systems (ros) for a patient presenting with the following chief complaints:</p> <ol style="list-style-type: none"> <li>Headache;</li> <li>Dizziness;</li> <li>Chest pain;</li> <li>Elbow pain;</li> <li>Wrist pain;</li> <li>Infected nail (Paronychia) or subungual hematoma;</li> <li>Excessive or painful vaginal bleeding;</li> <li>Vaginal irritation;</li> <li>Sexually transmitted diseases;</li> <li>Pregnancy;</li> <li>Rectal bleeding;</li> <li>Hip pain;</li> <li>Foot Pain;</li> <li>Burns;</li> <li>Seizure;</li> <li>closed head injury;</li> <li>Altered mental status;</li> <li>Depression;</li> <li>Loss of consciousness (non-traumatic);</li> <li>Hypertension.</li> </ol> <p>5.02 Using Mosby's Primary Care Consultant, Mosby's Health &amp; Physical Assessment, Brady's Paramedic Emergency Care, Lange's Current Emergency Diagnosis &amp; Treatment, and Lange's Current Diagnosis &amp; Treatment in Orthopedics as your primary references, <b>perform</b> an examination on a patient presenting with the chief complaints listed in performance qualification B.501.</p> <p>5.03 Using the pertinent data from a SOAP write-up, <b>perform</b> a verbal case presentation for a patient with the chief complaints listed in performance qualification B 5.01. Use the "SOAP Method of Sick Call Write Ups" section contained in Chapter 4 of COMDTINST M6000.1B, Medical Manual, as your primary reference (pertinent data contained in SOAP entry of SF-600 serves as an excellent model for presenting case). Focus on information most vital to medical officer, or other "higher-level" provider's ability to quickly assess patient's status.</p>		
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<p><b>B. <u>CLINICAL SICKCALL</u></b></p> <p>5.04 Using Mosby's Primary Care Consultant, Mosby's Health &amp; Physical Assessment, Brady's Paramedic Emergency Care, Lange's Current Emergency Diagnosis &amp; Treatment, and Lange's Current Diagnosis &amp; Treatment in Orthopedics as your primary references, <b>develop</b> a plan for a patient presenting with the chief complaints listed in performance qualification B.501.</p> <p>5.05 <b>Establish</b> a differential diagnosis for a patient presenting with a non-traumatic headache. Use the following list as possible diagnosis and Mosby's Primary Care Consultant, Mosby's Health &amp; Physical Assessment, Lange's Current Emergency Diagnosis &amp; Treatment, and Lange's Current Diagnosis &amp; Treatment in Orthopedics as your primary references and the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Migraine;</li> <li>b. Cluster;</li> <li>c. Tension (cervical);</li> <li>d. Sinusitis or sinus congestion;</li> <li>e. Temporomandibular Joint (TMJ) induced headache.</li> </ul> <p>5.06 <b>Establish</b> a differential diagnosis for a patient presenting with dizziness. Use Mosby's Primary Care Consultant, Mosby's Health &amp; Physical Assessment, Brady's Paramedic Emergency Care, Lange's Current Emergency Diagnosis &amp; Treatment, and Lange's Current Diagnosis &amp; Treatment in Orthopedics as your primary references and the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Cardiac dysrhythmia/arrhythmia;</li> <li>b. ENT illnesses (labyrinthitis or sinusitis);</li> <li>c. Toxic (intoxication, environmental, medication);</li> <li>d. Metabolic (Febrile illness, dehydration);</li> <li>e. Pregnancy (including that exacerbated by supine position).</li> </ul> <p>5.07 <b>Establish</b> a differential diagnosis for a patient presenting with a papular skin rash. Use Mosby's Primary Care Consultant, Mosby's Health &amp; Physical Assessment and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the conditions listed in performance qualification B4.05 and the following list as possible diagnoses.</p> <ul style="list-style-type: none"> <li>a. Psoriasis;</li> <li>b. Seborrhea;</li> <li>c. Cellulitis;</li> <li>d. Folliculitis;</li> <li>e. Insect bites (scabies, fleas);</li> <li>f. Drug reaction/allergies.</li> </ul>		
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<p><b>B. <u>CLINICAL SICKCALL</u></b></p> <p><b>5.08 Establish</b> a differential diagnosis for a patient presenting with a vesicular skin rash. Use Mosby's Primary Care Consultant, Mosby's Health &amp; Physical Assessment and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the conditions listed in performance qualification B4.05 and the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Dyshydrotic eczema;</li> <li>b. Impetigo;</li> <li>c. Herpes simplex;</li> <li>d. Hand-foot-mouth disease (coxsackie virus).</li> </ul> <p><b>5.09 Establish</b> a differential diagnosis for a patient presenting with eye pain, red eye and acute altered vision, using Mosby's Primary Care Consultant, Mosby's Health &amp; Physical Assessment and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the conditions listed in performance qualification B4.09 and the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Acute iritis;</li> <li>b. Acute retinal detachment;</li> <li>c. Hyphema;</li> <li>d. Flash burns;</li> <li>e. Chemical burns.</li> </ul> <p><b>5.10 Establish</b> a differential diagnosis for a patient presenting with cough or difficulty breathing, using Mosby's Primary Care Consultant, Mosby's Health &amp; Physical Assessment, and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the conditions listed in performance qualification B4.08 and the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Pulmonary edema;</li> <li>b. Pneumothorax;</li> <li>c. Status asthmaticus;</li> <li>d. Influenza;</li> <li>e. Pleuritis;</li> <li>f. Tuberculosis.</li> </ul> <p><b>5.11 Establish</b> a differential diagnosis for a patient presenting with ear pain, using Mosby's Primary Care Consultant, Mosby's Health &amp; Physical Assessment, and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the conditions listed in performance qualification B4.12 and the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Perforated/ruptured tympanic membrane due to trauma, including barotrauma;</li> <li>b. Perforated/ruptured tympanic membrane due to suppuration;</li> <li>c. Perforated/ruptured tympanic membrane due to retraction;</li> <li>d. Foreign body;</li> <li>e. Mastoiditis;</li> <li>f. Temporomandibular Joint (TMJ) syndrome</li> </ul>		
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<p><b>B. <u>CLINICAL SICKCALL</u></b></p> <p><b>5.12 Establish</b> a differential diagnosis for a patient presenting with a sore throat, using Mosby's Primary Care Consultant, Mosby's Health &amp; Physical Assessment, and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the conditions listed in performance qualification B4.06 and the following list as possible diagnoses:</p> <ol style="list-style-type: none"> <li>Epiglottitis;</li> <li>Influenza;</li> <li>Peritonsillar abscess;</li> <li>Toxic shock syndrome.</li> </ol> <p><b>5.13 Establish</b> a differential diagnosis for a patient presenting with neck pain, using Mosby's Primary Care Consultant, Brady's Paramedic Emergency Care, Mosby's Health &amp; Physical Assessment, and Lange's Current Emergency Diagnosis &amp; Treatment as your primary reference. Use the conditions listed in performance qualification B4.07 and the following list as possible diagnoses:</p> <ol style="list-style-type: none"> <li>Tension headache;</li> <li>Dystonic reaction to phenothiazines. Also known as extrapyramidal (EPS) reaction to phenothiazines (such as phenergan, compazine) and butyrophenones, commonly used as anti-nauseants and antipsychotics.</li> </ol> <p><b>5.14 Establish</b> a differential diagnosis for a patient presenting with shoulder pain. Use Lange's Current Diagnosis &amp; Treatment in Orthopedics, Mosby's Primary Care Consultant, and Lange's Current Emergency Diagnosis &amp; Treatment as your primary reference. Use the conditions listed in performance qualification B4.13 and the following list as possible diagnoses:</p> <ol style="list-style-type: none"> <li>Humeral head fracture;</li> <li>Clavicle fracture;</li> <li>Rotator cuff impingement;</li> <li>Rotator cuff tear;</li> <li>Sternoclavicular Joint Injury;</li> <li>Acromioclavicular Joint Injury (i.e., dislocation, subluxation, sprain);</li> <li>Glenohumeral Joint Injury (i.e., dislocation, subluxation, sprain).</li> </ol> <p><b>5.15 Establish</b> a differential diagnosis for a patient presenting with chest pain. Use Brady's Paramedic Emergency Care, Mosby's Primary Care Consultant, Lange's Current Emergency Diagnosis &amp; Treatment, and Lange's Current Diagnosis &amp; Treatment in Orthopedics as your primary references. Use the conditions listed in performance qualification B4.14 and the following list as possible diagnoses:</p> <ol style="list-style-type: none"> <li>Myocardial Infarction;</li> <li>Pulmonary embolism;</li> <li>Costochondritis;</li> <li>Pleuritis;</li> <li>Spontaneous pneumothorax.</li> </ol>		
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<p><b>B. <u>CLINICAL SICKCALL</u></b></p> <p><b>5.16 Establish</b> a differential diagnosis for a patient presenting with elbow pain, using Lange's Current Diagnosis &amp; Treatment in Orthopedics, Mosby's Primary Care Consultant, and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the following list as possible diagnoses:</p> <ol style="list-style-type: none"> <li>Olecranon bursitis (including septic etiology);</li> <li>Lateral or medial epicondylitis;</li> <li>Radial head fracture;</li> <li>Dislocation;</li> <li>Carpal tunnel syndrome.</li> </ol> <p><b>5.17 Establish</b> a differential diagnosis for a patient presenting with wrist pain, using Lange's Current Diagnosis &amp; Treatment in Orthopedics, Mosby's Primary Care Consultant, and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the following list as possible diagnoses:</p> <ol style="list-style-type: none"> <li>Carpal tunnel syndrome;</li> <li>Scaphoid fracture;</li> <li>Radial/ulna fracture;</li> <li>Tendinitis;</li> <li>Degenerative joint disease/noninflammatory arthritis (also known by the misnomer 'Osteoarthritis').</li> </ol> <p><b>5.18 Establish</b> a differential diagnosis for a patient presenting with a painful nail area, using Mosby's Primary Care Consultant and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the following list as possible diagnoses:</p> <ol style="list-style-type: none"> <li>Paronychia;</li> <li>Subungual hematoma.</li> </ol> <p><b>5.19 Establish</b> a differential diagnosis for a patient presenting with low back pain, using Lange's Current Diagnosis &amp; Treatment in Orthopedics, Mosby's Primary Care Consultant, and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the conditions listed in performance qualification B4.17 and the following list as possible diagnoses:</p> <ol style="list-style-type: none"> <li>Aneurysm (such as ruptured abdominal aortic);</li> <li>Osteoarthritis (noninflammatory arthritis);</li> <li>Gynecological condition (i.e., torsion of ovarian tumor, uterine prolapse, endometriosis, etc.).</li> </ol> <p><b>5.20 Establish</b> a differential diagnosis for a patient presenting with testicular pain, using Mosby's Primary Care Consultant and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the conditions listed in performance qualification B4.18 and the following list as possible diagnoses:</p> <ol style="list-style-type: none"> <li>Incarcerated Inguinal Hernia;</li> <li>Testicular cancer;</li> <li>Testicular torsion.</li> </ol>		
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<p><b>B. <u>CLINICAL SICKCALL</u></b></p> <p><b>5.21 Establish</b> a differential diagnosis for a patient presenting with painful or bloody urination, using Mosby's Primary Care Consultant and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the conditions listed in performance qualification B4.19, B4.20 and the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Chronic asymptomatic hematuria;</li> <li>b. Renal cancer;</li> <li>c. Renal contusion or laceration;</li> <li>d. Urethritis.</li> </ul> <p><b>5.22 Establish</b> a differential diagnosis for a female patient presenting with abdominal or pelvic pain, using Mosby's Primary Care Consultant and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the conditions listed in performance qualification B4.15 and the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Perforated ulcer;</li> <li>b. Bowel obstruction;</li> <li>c. Abdominal aneurysm;</li> <li>d. Hepatitis;</li> <li>e. Pancreatitis;</li> <li>f. Ovarian abscess;</li> <li>g. Ovarian cyst;</li> <li>h. Endometriosis;</li> <li>i. Upper Gastrointestinal (GI) bleeding;</li> <li>j. Pelvic inflammatory disease;</li> <li>k. Colitis (Inflammatory Bowel Disease);</li> <li>l. Irritable bowel syndrome;</li> <li>m. Cholecystitis;</li> <li>n. Food-borne illness ("food poisoning" type gastroenteritis).</li> </ul> <p><b>5.23 Establish</b> a differential diagnosis for a male patient presenting with abdominal pain, using Mosby's Primary Care Consultant and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the conditions listed in performance qualification B4.16 and the following list as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Hernia;</li> <li>b. Irritable bowel syndrome;</li> <li>c. Colitis (Inflammatory Bowel Disease);</li> <li>d. Food-borne illness ("food poisoning" type gastroenteritis);</li> <li>e. Pancreatitis;</li> <li>f. Cholecystitis;</li> <li>g. Hepatitis;</li> <li>h. Abdominal aneurysm;</li> <li>i. Bowel obstruction;</li> <li>j. Perforated ulcer;</li> <li>k. Testicular torsion.</li> </ul>		
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<p><b>B. <u>CLINICAL SICKCALL</u></b></p> <p><b>5.24 Establish</b> a differential diagnosis for a female patient presenting with excessive vaginal bleeding or pain, using Mosby's Primary Care Consultant and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the following conditions as possible diagnoses:</p> <ol style="list-style-type: none"> <li>Threatened abortion (miscarriage);</li> <li>Ectopic pregnancy;</li> <li>Dysfunctional uterine bleeding (DUB);</li> <li>Metrorrhagia (uterine bleeding at irregular intervals).</li> </ol> <p><b>5.25 Establish</b> a differential diagnosis for a female patient presenting with vaginal irritation, using Mosby's Primary Care Consultant and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the following conditions as possible diagnoses:</p> <ol style="list-style-type: none"> <li>Herpes;</li> <li>Trichomoniasis;</li> <li>Candidiasis;</li> <li>Condyloma acuminata;</li> <li>Chlamydia;</li> <li>Gonorrhea;</li> <li>Syphilis;</li> <li>Bacterial/Gardnerella Vaginosis;</li> <li>Excoriation/trauma.</li> </ol> <p><b>5.26 Establish</b> a differential diagnosis for a patient presenting with an apparent sexually transmitted disease, using Mosby's Primary Care Consultant and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the following conditions as possible diagnoses:</p> <ol style="list-style-type: none"> <li>Herpes simplex virus (HSV), type II;</li> <li>Condyloma acuminata;</li> <li>Syphilis;</li> <li>Gonorrhea;</li> <li>Chlamydia.</li> </ol> <p><b>5.27 Establish</b> a differential diagnosis for a patient presenting with rectal bleeding, using Mosby's Primary Care Consultant and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the following conditions as possible diagnoses:</p> <ol style="list-style-type: none"> <li>External hemorrhoids;</li> <li>Internal hemorrhoids;</li> <li>Colon cancer;</li> <li>Colitis (Inflammatory Bowel Disease);</li> <li>Rectal trauma.</li> </ol>		
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<p><b>B. <u>CLINICAL SICKCALL</u></b></p> <p><b>5.28 Establish</b> a differential diagnosis for a patient presenting with knee pain. Use Mosby's Primary Care Consultant, Lange's Current Emergency Diagnosis &amp; Treatment, and Lange's Current Diagnosis &amp; Treatment in Orthopedics as your primary references. Use the conditions listed in performance qualification B4.21 and the following list as possible diagnoses:</p> <ol style="list-style-type: none"> <li>Patellofemoral disorders (arthralgia and compression syndrome);</li> <li>Lateral or Medial Collateral Ligament (LML or MCL) injuries (sprain tear, or avulsion), being sure to use application of varum and valgum stress, with knee at proper degree of flexion, as part of your examination;</li> <li>Anterior or Posterior Cruciate Ligament (ACL or PCL) Injuries (sprain, tear, or avulsion), being sure to use positive and negative drawers, absence/presence of posterior 'sag,' and Lachman's tests as part of your examination;</li> <li>Lateral and Medial Meniscus Injuries, being sure to use McMurray's Test as part of your examination;</li> <li>Fractures (i.e., tibial plateau, condylar, avulsion type, etc.)</li> </ol> <p><b>5.29 Establish</b> a differential diagnosis for a patient presenting with ankle pain. Use Mosby's Primary Care Consultant, Lange's Current Emergency Diagnosis &amp; Treatment, and Lange's Current Diagnosis &amp; Treatment in Orthopedics as your primary references. Use the conditions listed in performance qualification B4.22 and the following list as possible diagnoses:</p> <ol style="list-style-type: none"> <li>Achilles tendon rupture;</li> <li>Achilles tendinitis;</li> <li>Achilles bursitis;</li> <li>Calcaneal fracture;</li> <li>Plantar fascitis;</li> <li>Deltoid ligament tear.</li> </ol> <p><b>5.30 Establish</b> a differential diagnosis for a patient presenting with an altered mental status, using Mosby's Primary Care Consultant, Brady's Paramedic Emergency Care, and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the conditions listed in performance qualification B4.23 and the following list as possible diagnosis:</p> <ol style="list-style-type: none"> <li>Diabetic coma;</li> <li>Insulin shock;</li> <li>Stroke (CVA);</li> <li>Acute psychotic episode (or Psychotic Confusional state).</li> </ol> <p><b>5.31 Establish</b> a differential diagnosis for a patient presenting with acute depression, using Mosby's Primary Care Consultant, Brady's Paramedic Emergency Care, and Lange's Current Emergency Diagnosis &amp; Treatment as your primary references. Use the following conditions as possible diagnosis:</p> <ol style="list-style-type: none"> <li>Adjustment disorder;</li> <li>Major depression;</li> <li>Suicidal ideation.</li> </ol>		
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<p><b>B. <u>CLINICAL SICKCALL</u></b></p> <p>5.32 <b>Perform</b> an examination of a burn patient. Use of a simulation is acceptable. Use Brady's Paramedic Emergency Care as your primary reference.</p> <p>5.33 <b>Establish</b> a differential diagnosis for a patient presenting with burns. Use Brady's Paramedic Emergency Care as your primary reference and the following conditions as possible diagnoses:</p> <ul style="list-style-type: none"> <li>a. Burns of the respiratory tract;</li> <li>b. Circumferential burns;</li> <li>c. Body Surface Area Percentage (BSA%) partial thickness burns;</li> <li>d. Body Surface Area Percentage (BSA%) full thickness burns;</li> <li>e. Associated injuries and potential complications.</li> </ul> <p>5.34 <b>Demonstrate</b> the care of a burn patient. Use Brady's Paramedic Emergency Care and Mosby's Primary Care Consultant as your primary references.</p> <p>5.35 <b>Describe</b> the assessment and treatment of a patient presenting with a seizure. Use Brady's paramedic Emergency Care and Mosby's Primary Care Consultant as your primary references.</p> <p>5.36 Using Lange's Current Emergency Diagnosis &amp; Treatment as your primary references, <b>perform</b> the following minor surgical procedures:</p> <ul style="list-style-type: none"> <li>a. Incision and drainage;</li> <li>b. Wound packing.</li> </ul> <p>5.37 <b>Establish</b> or <b>maintain</b> an antidote locker in accordance with the Health Services Allowance List, Part II - Vessels (COMDTINST M6700.6 (series)) and the Health Services Allowance List, Part III - Shore Units and vessels (COMDTINST M6700.7 (series)).</p> <p>5.38 <b>Assist</b> in performing a controlled substance inventory. Use the Medical Manual (COMDTINST M6000.1 (series)) as your primary reference.</p> <p>5.39 <b>Establish</b> and/or maintain a non-prescription medication program. Use the Nonprescription Medication Program (COMDTINST 6570.5 (series)) as your primary reference.</p> <p>5.40 <b>Perform</b> a medical screening examination (MSE) to determine if a patient's need for care is emergent, using the COBRA Statute: 42 USC 1395dd as your reference. The statute is also known as Section 1867 of the Social Security Act, commonly referred to as the "Emergency Medical Treatment and Labor Act/EMTLA," and it is also known as Section 9121 of the Consolidated Omnibus Budget Reconciliation Act of 1985.</p>		
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<p><b>C. <u>WELLNESS</u></b></p> <p>4.01 <b>State</b> four life style changes that can decrease a person's risk for heart disease. Use the Wellness Manual (COMDTINST M6200.1 (series)) as your primary reference.</p> <p>4.02 <b>Perform</b> a wellness/fitness assessment on yourself. Use the Wellness Manual (COMDTINST M6200.1 (series)) as your primary reference.</p> <p>5.01 <b>Assess</b> a patient's major heart disease risks. Use the Wellness Manual (COMDTINST M6200.1 (series)) as your primary reference.</p> <p>5.02 Using the Clinical Procedures for Medical Assistants, Mosby's Primary Care Consultant and Health &amp; Physical Assessment as your primary references, <b>state</b> the risk factors, self-exam techniques (where applicable), screening procedures and screening intervals for the following cancers:</p> <ul style="list-style-type: none"> <li>a. Breast;</li> <li>b. Lung;</li> <li>c. Colon;</li> <li>d. Cervical;</li> <li>e. Ovarian;</li> <li>f. Prostate;</li> <li>g. Testicle;</li> <li>h. Skin.</li> </ul> <p>5.03 <b>State</b> seven health hazards statistically correlated with the chronic use of substances or products containing: alcohol; caffeine; tobacco. Use the Wellness Manual, (COMDTINST M6200.1 (series)) as your primary reference.</p> <p>5.04 <b>State</b> the criteria for determination of substance abuse and substance dependence. Use the Wellness Manual, (COMDTINST M6200.1 (series)) as your primary reference.</p> <p>5.05 <b>Identify</b> ten physical disorders that have been associated with poor stress management. Use the Wellness Manual, (COMDTINST M6200.1 (series)) as your primary reference.</p>		
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<p><b>D.     <u>ADMINISTRATION</u></b></p> <p>4.01 <b>Open</b> a health record (medical and dental). Use the Medical Manual (COMDTINST M6000.1 (series)) as your reference.</p> <p>4.02 <b>Terminate</b> a health record (medical and dental). Use the Medical Manual (COMDTINST M6000.1 (series)) as your reference.</p> <p>4.03 <b>Perform</b> an accuracy and completeness check of a health record (medical and dental). Use the Medical Manual (COMDTINST M6000.1 (series)) as your reference.</p> <p>4.04 <b>Complete</b> all required entries on a Report of Medical Examination (SF-88). Use the Medical Manual (COMDTINST M6000.1 (series)) as your reference.</p> <p>4.05 <b>Complete</b> all required entries on a Report of Medical History (SF-93). Use the Medical Manual (COMDTINST M6000.1 (series)) as your reference.</p> <p>4.06 <b>Complete</b> all required entries on an Eyewear Prescription Form (DD-771). Use the Medical Manual (COMDTINST M6000.1 (series)) as your reference.</p> <p>4.07 <b>Prepare</b> a Request for Medical Records (DD-877). Use the Medical Manual (COMDTINST M6000.1 (series)) as your reference.</p> <p>4.08 <b>Complete</b> all of the required patient and practitioner information on a Status Profile Form (CG-5460A) or locally produced equivalent (forms used to support Standard Workstation III version of CLAMS are developed and reproduced at unit level). Use the Medical Manual (COMDTINST M6000.1 (series)) as your reference.</p> <p>5.01 <b>Prepare</b> a Binnacle list. Use the Medical Manual (COMDTINST M6000.1 (series)) as your reference.</p> <p>5.02 <b>Perform</b> an accuracy and completeness check for a Report of Medical Examination (SF-88). Use the Medical Manual (COMDTINST M6000.1 (series)) as your reference.</p> <p>5.03 <b>Perform</b> an accuracy and completeness check for a Report of Medical History (SF-93). Use the Medical Manual (COMDTINST M6000.1 (series)) as your reference.</p> <p>5.04 <b>Review</b> the medical/clinic departmental Standard Operating Procedures (SOPs) at your unit for alignment and compliance with your Maintenance and Logistics Command's (MLC) SOP as your primary reference.</p> <p>5.05 <b>Prepare</b> the Health Services Statistical Report (HSSR). Use the Medical Manual (COMDTINST M6000.1 (series)) and your MLC's SOP as your references.</p> <p>6.01 <b>Prepare</b> a request for a Health Care Contract. Use the Medical Manual (COMDTINST M6000.1 (series)) and your MLC's SOP as your references.</p> <p>6.02 <b>Supervise</b> the transfer of health records to the National Personnel Records Center. Use the Coast Guard Paperwork Management Manual (COMDTINST M5212.12 (series)) as your reference.</p>		
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<p><b>D.     <u>ADMINISTRATION</u></b></p> <p>6.03 <b>Maintain</b> a Standard Operating Procedure (SOP) Manual for a Coast Guard Medical Treatment Facility. Use your MLC's quality assurance checklist as your reference for requirement.</p> <p>6.04 <b>Evaluate</b> a departmental quality assurance (QA) program for compliance with your MLC's quality assurance requirements and those QA guidelines contained in the Medical Manual (COMDTINST M6000.1 (series)).</p> <p>7.01 <b>Review</b> for accuracy the Health Services Technician Enlisted Qualification Codes for personnel under your supervision and request correction of any discrepancies found. Use the Coast Guard Enlisted Qualification Codes Manual (COMDTINST M1414.9 (series)) as your reference.</p> <p>8.01 <b>Evaluate</b> the quality assurance (QA) program for a Coast Guard Medical Treatment Facility. Include compliance with QA requirements (i.e., required committees, frequency of their meetings, documentation of minutes, action for identified "problems," monitoring and evaluation reports, including appropriate follow-up if indicated, currency with MLC or external accreditation, status of departmental SOPs, etc.) in your evaluation. Use the Medical Manual (COMDTINST M6000.1 (series)) and your MLC's SOP as your primary references.</p> <p>9.01 <b>Review</b> E-4 through E-9 Health Services Technician Enlisted Performance Qualifications for accuracy and currency. Use the Coast Guard Enlisted Qualifications Manual, (COMDTINST M1414.8B (series)) as your reference. Submit comments and recommendations in writing to the HS Rating Force Master Chief.</p>		
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<p><b>E. <u>PATIENT AFFAIRS</u></b></p> <p>4.01 <b>State</b> the regulations regarding patient sensitivity (confidentiality, use of chaperones and gender sensitivity). Use the Medical Manual (COMDTINST M6000.1 (series)) as your primary reference.</p> <p>5.01 <b>State</b> the Decedent Affairs Officer's duties and the role of the Medical Department Representative in decedent affairs. Use the Coast Decedent Affairs Guide (COMDTINST M1770.1 (series)) as your primary reference.</p> <p>5.02 <b>Complete</b> an inpatient hospitalization report message. Use your MLC's SOP as your reference.</p> <p>5.03 <b>State</b> the procedure required to initiate a death imminent medical board. Use the Physical Disability Evaluation Systems Manual (COMDTINST M1850.2 (series)) as your reference.</p> <p>5.04 <b>Prepare</b> a request for Non-Federal Health Care. Use your MLC's SOP as your primary reference.</p> <p>5.05 <b>Review</b> medical bills for accuracy and completeness, using your MLC's SOP as your primary reference.</p> <p>5.06 <b>Explain</b> the situations in which an Initial Medical Board (IMB) might be required, or desired by a patient's commanding officer, including time limitations from Initial to Disposition Medical Board, and possible outcomes of the Central Physical Evaluation Board. Use the Physical Disability Evaluation Systems (PDES) Manual (COMDTINST M1850.2 (series)) as your primary reference.</p> <p>5.07 <b>Counsel</b> a patient (simulated or actual) on the findings of an Initial or Disposition Medical Board, the need for signature on the Patient's Statement Regarding the Findings of the Medical Board (CG-4920), and the patient's rights of rebuttal, including the time limitations for doing so. Use the Physical Disability Evaluation Systems (PDES) Manual COMDTINST M1850.2 (series) as your primary reference.</p> <p>5.08 <b>Prepare</b> an example of an Initial Medical Board (IMB) package for a patient with disability or limited duty secondary to traumatic injury and state the procedures for routing the IMB. Use the Physical Disability Evaluation Systems (PDES) Manual (COMDTINST M1850.2 (series)) as your primary reference. Include the following items in the IMB package you prepare:</p> <ol style="list-style-type: none"> <li>Command Endorsement;</li> <li>Medical Board Cover Sheet (NAVMED 6100/1);</li> <li>Patient's Statement Regarding the Findings of the Medical Board (CG-4920);</li> <li>Patient's rebuttal, if member elects to make a rebuttal;</li> <li>Simulated Line of Duty Investigation (or acceptable substitute as detailed in PDES Manual), as required for IMBs resulting from traumatic injury;</li> <li>Physical Examination;</li> <li>Pertinent supportive documentation (i.e., SF-600s, consultations, diagnostic imaging/lab results, etc.).</li> </ol>		
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<p>E. <u>PATIENT AFFAIRS</u></p> <p>5.09 <b>Explain</b> the procedure for requesting a waiver of a disqualifying medical or dental condition, using the Medical Manual (COMDTINST M6000.1 (series)) as your primary reference.</p> <p>5.10 <b>Explain</b> the procedure for requesting an Initial Medical Board in lieu of longevity retirement, using the Medical Manual (COMDTINST M6000.1 (series)) as your primary reference.</p> <p>5.11 <b>Demonstrate</b> basic knowledge regarding Tricare, Tricare Active Duty Family Dental Care, and Retiree Dental Care Programs in accordance with the Coast Guard Medical Manual, (COMDTINST M6000.1 (series)), Tricare Handbook, UCCI Handbook, Retiree Dental Care Program information, and your MLC's SOP.</p> <p>6.01 <b>State</b> the duties, responsibilities, and training requirements for a Health Benefits Advisor (HBA). Use the Medical Manual, (COMDTINST M6000.1B (series)) as your primary reference.</p>		
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<p><b>F. <u>SUPPLY AND FISCAL MANAGEMENT</u></b></p> <p><b>5.01 Prepare</b> a Stock Record Card (NAVSUP 766) for materials received. Use the Health Services Allowance List (COMDTINST M6700.5; COMDTINST M6700.6; COMDTINST M6700.7 (series)) as your reference.</p> <p><b>5.02 Conduct</b> an inventory of supplies using the current Health Services Allowance List for a specific unit. Use the Health Services Allowance List (COMDTINST M6700.5; COMDTINST M6700.6 COMDTINST M6700.7 (series)) as your reference.</p> <p><b>5.03 Order</b> supplies and equipment in accordance with your unit's standard operating procedures. Use the Supply Policy and Procedures Manual (COMDTINST M4400.19), Simplified Acquisition Procedures Handbook (COMDTINST M4200.13), and Coast Guard Acquisition Procedures Manual (COMDTINST M4200.19 (series)) as your references.</p> <p><b>5.04 Order</b> pharmaceuticals using the Prime Vendor Program. Use the Medical Prime Vendor Program Implementation, (COMDTINST M6740.2 (series)) as your reference.</p> <p><b>5.05 Prepare</b> a Report of Survey (CG-5269). Use the Property Management Manual, (COMDTINST M4500.5 (series)) as your reference.</p> <p><b>5.06 State</b> the procedures to follow in establishing and maintaining a Preventive Maintenance Program as it pertains to health care equipment. Use the Medical Manual, (COMDTINST M6000.1B (series)) and Health Services Allowance List (COMDTINST M6700.5; COMDTINST M6700.6; COMDTINST M6700.7 (series)) as your references.</p> <p><b>5.07 Prepare</b> a Health Care Equipment Request form (CG-5211). Use the Medical Manual, (COMDTINST M6000.1 (series)) as your reference.</p> <p><b>5.08 Respond</b> to an Advanced Medical/Dental Quality Assurance message. Use the Health Services Allowance List (COMDTINST M6700.5; COMDTINST M6700.6; COMDTINST M6700.7 (series)) as your references.</p> <p><b>6.01 .Prepare</b> a Departmental budget in accordance with the Coast Guard Medical Manual (COMDTINST M6000.1 (series)) and the appropriate MLC SOP.</p> <p><b>7.01 .Prepare</b> a budget for a Coast Guard Medical Treatment Facility in accordance with the Coast Guard Medical Manual (COMDTINST M6000.1 (series)) and the appropriate MLC SOP.</p>		
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<p><b>G. <u>BASIC INSTRUCTION</u></b></p> <p>4.01 Using Delmar's Dental Assisting – A Comprehensive Approach as your primary reference, <b>provide</b> instruction on the following aspects of oral hygiene:</p> <ol style="list-style-type: none"> <li>Plaque &amp; calculus formation;</li> <li>periodontal disease;</li> <li>brushing techniques;</li> <li>flossing;</li> <li>dietary aspects.</li> </ol> <p>4.02 Using the Coast Guardsman's Manual and Food Services Sanitation Manual (COMDTINST M6240.4 (series)) as your primary references, <b>provide</b> instruction on personal hygiene:</p> <p>5.01 <b>Develop</b> a lesson plan for clinic training in accordance with the Coast Guard Instructor Development Course (formerly known as the Basic Instructor Course/BIC).</p> <p>5.02 <b>Instruct</b> personnel in "Standard First Aid" in accordance with American Red Cross standards.</p> <p>5.03 <b>Instruct</b> personnel in cardiopulmonary resuscitation in accordance with current Red Cross or American Heart Association standards.</p> <p>5.04 <b>Instruct</b> personnel on the following standard first aid scenarios required for TSTA:</p> <ol style="list-style-type: none"> <li>Shock;</li> <li>Burns;</li> <li>Patient transport;</li> <li>Amputations;</li> <li>Abdominal evisceration;</li> <li>Compound fracture;</li> <li>Electrocution;</li> <li>Smoke inhalation;</li> <li>Mass conflagration.</li> </ol> <p>5.05 <b>Instruct</b> personnel on the prevention of sexually transmitted diseases, prevention of pregnancy (relative effectiveness of different methods, how to use, etc.), use of male and female condoms, foam, and contraceptive sponges. Use A Guide to Communicable Diseases in Man (current edition) as your primary reference.</p> <p>5.06 <b>Instruct</b> personnel in the medical aspects of chemical, biological and radiological warfare. Use the Damage Control-Personnel Qualifications Standards as your primary reference.</p> <p>6.01 <b>Provide</b> direction in the development of a lesson plan by a junior member and critique the presentation. Use the Coast Guard Instructor Development Course/IDC (formerly known as the Basic Instructor Course/BIC) as your primary reference.</p> <p>7.01 <b>Manage</b> a health services departmental training program. Use your MLC's quality assurance checklist as your reference for requirements.</p>		
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<p>H. <u><b>SAFETY AND ENVIRONMENTAL HEALTH</b></u></p> <p>4.01 . <b>Perform</b> a routine tuberculosis screening test, interpret and properly record the test results. Use the Medical Manual (COMDTINST M6000.1B series) as your primary reference.</p> <p>5.01 . Using the Safety and Environmental Health Manual (COMDTINST M5100.47 (series)) and Food Services Sanitation Manual (COMDTINST M6240.4 (series)) as your primary references, <b>conduct</b> sanitation inspections and <b>submit</b> appropriate reports for the following:</p> <ul style="list-style-type: none"> <li>a. Food service facilities (galley, club);</li> <li>b. Berthing and living spaces;</li> <li>c. Recreational areas.</li> </ul> <p>5.02 <b>Test</b> potable water for pH and halogen residual (free available chlorine/FAC or total bromine residual/TBR) using the DPD Test Kit. Use the Water Supply and Wastewater Disposal Manual (COMDTINST M6240.5 (series)) as your reference.</p> <p>5.03 <b>Test</b> potable water for bacteriological contamination using Colilert or Membrane Filter Technique (e.g., Millipore). Use the Water Supply and Wastewater Disposal Manual (COMDTINST M6240.5 (series)) as your reference.</p> <p>5.04 <b>Conduct</b> a survey of a food service or living space for cockroach infestation using the Manual of Naval Preventive Medicine (NAVMED P-5010) as your primary reference.</p> <p>5.05 <b>Conduct</b> a survey of a food service or living space for rodent infestation using the Manual of Naval Preventive Medicine (NAVMED P-5010) as your primary reference.</p> <p>5.06 <b>Operate</b> a heat stress meter in accordance with the manufacturer's operating instructions. Also state the percentage that each of the dry bulb, wet bulb, and globe temperature readings contribute to the final WBGT Index/reading (i.e., Wet Bulb is 70 percent of WBGT reading, etc.), using the Cutter Heat Stress Program (COMDTINST M6260.17 (series)) as your reference.</p> <p>5.07 <b>Prepare</b> a computation of the work/rest cycle for personnel, based on the results of a Wet Bulb Globe Thermometer index. Use the Cutter Heat Stress Program (COMDTINST M6260.17 (series)) as your reference.</p> <p>5.08 <b>Evaluate</b> your clinic's infectious medical waste storage program for compliance with the Medical Manual (COMDTINST M6000.1 (series)) and your MLC's quality assurance checklist.</p>		
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<p>H. <u><b>SAFETY AND ENVIRONMENTAL HEALTH</b></u></p> <p>5.09 Using the Safety and Environmental Health Manual (COMDTINST M5100.47 (series)), the Medical Manual (COMDTINST M6000.1 (series)) and Public Health and Communicable Disease Concerns Related to Alien Migrant Interdiction Operation (COMDTINST 6220.9 (series)) as your references, <b>State</b> the key elements of the following Safety and Environmental Health Programs:</p> <ol style="list-style-type: none"> <li>Heat stress;</li> <li>Hazard communication;</li> <li>Water supply and wastewater;</li> <li>Food service sanitation;</li> <li>Hearing conservation;</li> <li>Respiratory protection;</li> <li>Occupational medical monitoring;</li> <li>Personal protective equipment;</li> <li>Alien migration interdiction operations;</li> <li>Radiation Monitoring program.</li> </ol> <p>6.01 Using the Medical Manual (COMDTINST M6000.1 (series)) and the Food Service Sanitation Manual (COMDTINST M6240.4 (series)) as your references, <b>monitor</b> and <b>evaluate</b> the completion of sanitation inspections for the following:</p> <ol style="list-style-type: none"> <li>Food service facilities (galley, club);</li> <li>Berthing and living spaces;</li> <li>Recreational areas.</li> </ol> <p>6.02 Using the Medical Manual (COMDTINST M6000.1 (series)) and the Safety and Environmental Health Manual (COMDTINST M5100.47 (series)) as your references, <b>prepare</b> the following reports:</p> <ol style="list-style-type: none"> <li>Disease alert report (RCN 6000/4);</li> <li>Mishap report.</li> </ol> <p>6.03 <b>Conduct</b> an inspection of a Coast Guard vessel's potable water and sewage systems and <b>complete</b> the appropriate reports using the Water Supply and Waste Water Disposal Manual (COMDTINST M6240.5 (series)) as your primary reference.</p> <p>6.04 <b>Perform</b> basic pest control using non-chemical methods. Use the Safety and Environmental Health Manual (COMDTINST M5100.47 (series)) and the Manual of Naval Preventive Medicine (NAVMED P-5010) as your primary references.</p> <p>6.05 Using the Medical Manual (COMDTINST M6000.1 (series)), the Cutter Heat Stress Program Manual (COMDTINST 6260.17 (series)), the Safety and Environmental Health Manual (COMDTINST M5100.47 (series)) and the Food Service Sanitation Manual (COMDTINST M6240.4 (series)) as your references <b>conduct</b> training on the following environmental health topics:</p> <ol style="list-style-type: none"> <li>Hearing conservation;</li> <li>Heat stress;</li> <li>Food service sanitation.</li> </ol>		
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<p>H. <u><b>SAFETY AND ENVIRONMENTAL HEALTH</b></u></p> <p>7.01 Using the Medical Manual ((COMDTINST M6000.1 (series)), Communicable Disease Concerns Related to Alien Migrant Interdiction Operation (COMDTINST 6220.9 (series)), Safety and Environmental Health Manual (COMDTINST M5100.47 (series)), Water Supply and Waste Water Disposal Manual (COMDTINST M6240.5 (series)), and your MLC's SOP as your references, <b>manage</b> an environmental health program within a unit or an area of responsibility to include the:</p> <ul style="list-style-type: none"> <li>a. Tuberculosis (TB) control program;</li> <li>b. Occupational Medical Surveillance and Evaluation Program (OMSEP);</li> <li>c. Hazard communication;</li> <li>d. Alien Migrant Interdiction Operation (AMIO);</li> <li>e. Heat stress;</li> <li>f. Water supply &amp; waste water management;</li> <li>g. Respiratory protection program;</li> <li>h. Blood borne pathogens.</li> </ul> <p>8.01 <b>Evaluate</b> a unit's compliance with the Coast Guard Safety and Environmental Health Program in accordance with the Medical Manual ((COMDTINST M6000.1 (series)), the Safety and Environmental Health Manual (COMDTINST M5100.47 (series)) and your MLC's SOP.</p> <p><b>END</b></p>		
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